

# Poison Control Help is Free, Expert and Confidential.



**We help people of all ages —  
in all types of situations**

- When children get into household products, Poison Control is just one call away.
- Poison Control helps seniors and people of all ages when they take too much or the wrong medicine.
- Poison Control gives advice about preventing and treating chemical exposures on the job.

**POISON  
Help**   
**1-800-222-1222**

There are two ways to get help in a  
poison emergency:

1. Use [webPOISONCONTROL.org](http://webPOISONCONTROL.org) to get specific guidance, or
2. Call Poison Control at 1-800-222-1222.

For poison prevention tips, visit [webPOISONCONTROL.org](http://webPOISONCONTROL.org)